

Session Handout

Mapping Your Family Dynamics

Examples of the Network Factor

Diagram your family on the back of this handout or on a separate paper. Draw a circle for each family member and then connect the circles to represent the different relationships. Mark the relationships that need more honor.

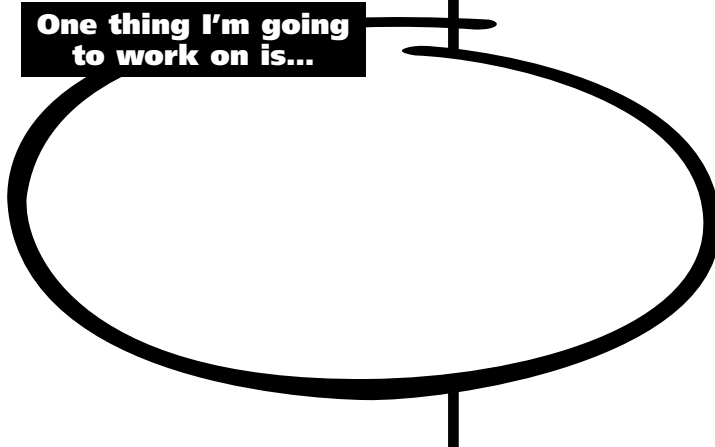
THE NETWORK FACTOR

• • • • • • • •
The combination of relating habits that dictate what's expected in family interaction

Three steps for changing the Network Factor in your family:

- 1 Identify the patterns
- 2 Apply Honor to the Situation
 - Treating people as special
 - Doing more than what's expected
 - Having a good attitude
- 3 Have a Parenting/Child Evaluation Meeting

One thing I'm going to work on is...



Dealing with triangles...