

Visioning Empowers Hope

Family Activity

Supplies Needed

- 1 Glass
- 2 Cooking Oil
- 3 Food Coloring
- 4 Alka Seltzer Tablets
- 5 Water

Discussion

Who keeps things moving in your home? Often it's Dad or Mom pushing things along to get out the door, food on the table, clothes clean, and dishes put away. But whose job is it to add energy to family life? The answer should include everyone. All members of the family have a responsibility to add energy to a home. Sometimes children believe that it's their job to have fun and take the energy and parents' job to add the energy. Unfortunately, some parents believe that too, preventing their children from developing their own responsibility.

Activity – Getting Things Moving

Using a tall glass cylinder, a drinking glass, a jar, or a vase, first add 2 cups of cooking oil. Then add to that 3 Tablespoons of water. Next you'll want to add about 20 drops of food coloring representing the tasks that need to get done around the home. You might even brainstorm together about all of the things that need to get done as you add the drops. Next, you add the activators. These are two alka seltzer tablets representing those who are adding energy in the family to get things done. Then watch what happens as things get moving in the jar.

Application

Philippians 2:3-4 give some specific instructions to all people about how they should be others-centered. "Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others." Talk about some ways that each person can be an activator in your home to get things done and show honor.