

THRIVE!

LESSON 6B

USING 3 C'S TO TEACH INITIATIVE



THE GOAL OF THIS LESSON

To learn to use cues to move children to Level 2 thinking. You'll also understand the role of training the conscience to build internal motivation. You'll become hopeful as you evaluate your current patterns of getting things done and learn to transfer more responsibility to your children in practical ways. Young people will learn what responsibility looks like in practical terms and be inspired to see what needs to be done to do it without being told.

WHEN YOU'RE DONE WITH THIS LESSON

- You'll understand the value of the conscience in your child for everyday activities.
- You'll feel energized to find practical ways to transfer responsibility to your kids.
- You'll practice the 3 C's in your home to help kids take initiative in their lives.

Using 3 C'S to Teach Initiative

STARTING STRONG

Parents

Teach Kids to Take Initiative

Ask a child, "How do you know when it's time to leave in the morning, start your homework, or do a chore?" If the answer is "When Mom tells me," then we probably need some work on initiative. Galatians 6:2 says, "Carry each other's burdens, and in this way you will fulfill the law of Christ." Some children have never thought of carrying someone else's burden. In fact, they believe that they are doing a service by just carrying their own burden.

Children need training. They have a responsibility to clean up, pick up, fix, put away, refill, and add to family life. Everyone in a family has a responsibility to contribute. Some children believe that parents are the ones contributing and they are the recipients and can just take. It's important to help children change that kind of thinking in order for them to be successful in relationships, at work, or on a sports team.

Young People

Manage Yourself

Can you manage yourself in the morning from the time you get up until you get out the door or start your day? Or do you still rely on your parent to prompt you to do what you need to do to get ready? The same question could be asked about getting homework done, doing chores, or even leaving the bathroom ready for the next person. In fact, if you find that you're hearing the same concern from your parent over and over again, maybe it's time to look at yourself a bit more. Could you manage yourself instead of having your parent manage you? Sometimes the answer given by a young person when asked why they don't do what they know is right is, "I don't want to do what's right. I'd rather play, or be entertained, or just do my own thing." Keep in mind that you don't have to feel like doing the right thing in order to do it. In fact, maturity isn't always about wanting to do what's right. It's doing the right thing even though you don't want to." That sense of obligation is known as responsibility. It's part of growing up and maturing. When your sense of obligation exceeds your desire for pleasure then you know you're making important strides toward success.

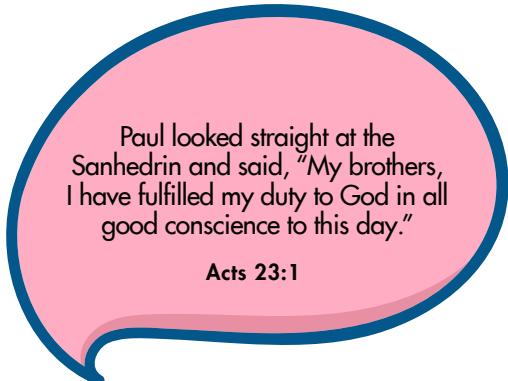
A Parent's Prayer for Gentleness

Father, sometimes I know that I'm right, and I then I start communicating with confidence instead of empathy. I need both. Please help me to be more gentle and gracious. I know that often means a little bit more time, an extra sentence of empathy, or a listening ear when I already know the answer. Please help me to demonstrate that gentleness with my child today with such a great confidence that change comes about easier. Thank you for being gentle with me. Please help me to remember your work in my life and overwhelm me with gratefulness so that my heart remains soft toward my child. May my words and my actions and my touch today be gentle. Amen.

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Taking Notes During the Video

The conscience needs training



Paul looked straight at the Sanhedrin and said, "My brothers, I have fulfilled my duty to God in all good conscience to this day."

Acts 23:1

Cues

Conscience

Character